

MAC Silver Division Meet - 11/3/2023 to 11/4/2023

Results - MAC Silver FINALS!

Event 1 Girls 200 Yard Medley Relay

Team	Relay	Finals Time	
<b>A - Final</b>			
1 COUS-D2	A	2:30.29	32
1) Sophia Virga SR	2) Andrie West JR		
3) Allison Caramagno JR	4) Sara Kozel SR		
40.24 43.17	39.53 27.35		
2 WMHS-MI	A	2:39.13	26
1) Aggie Broadwell	2) Irena Abboud		
3) Megan Melnyk	4) Alyssa Brookins		
	33.28 33.12		
3 STH-MI	A	2:49.55	24
1) Anya Dopke SO	2) Rebecca Ringl SR		
3) Lucy Parsina JR	4) Isabelle Gonzales SR		
54.01 54.22	30.93 30.39		
4 CLHS-MI	A	2:53.93	22
1) Morgen Salazar	2) Olivia Stepnioski		
3) Addison Tiensivu	4) Afsharah Jaigirear		
	49.95 34.41		
5 SCSLS	A	3:10.63	20
1) Brooke Lowry 10	2) Mariska Livingston 11		
3) Allison Roy 9	4) Elizabeth Schoof 9		
38.53 58.28	42.69 51.13		
--- COUS-D2	B	x2:59.04	
1) Savannah Balint JR	2) Sophia Halatsis FR		
3) Olivia Gossman SR	4) Sadie Cafagna SO		
	49.47 35.42		

Event 2 Girls 200 Yard Freestyle

Name	YrSchool	Finals Time	
<b>A - Final</b>			
1 Brooke Lowry	10 SCSLS	2:35.30	16
41.80 46.36	1:07.14		
2 Sanaiah Williams	SR COUS-D2	2:50.12	13
47.51 51.04	52.26 19.31		
3 Liza Galley	SO STH-MI	2:57.04	12
34.88 38.75	41.56 1:01.85		
4 Sophia Virga	SR COUS-D2	2:58.87	11
5 Alyssa Brookins	WMHS-MI	3:12.06	10
42.40 47.59	52.71 49.36		
6 Madesyn Drvodelic	SO COUS-D2	3:27.56	9
36.12 43.30	48.50 1:19.64		
<b>B - Final</b>			
7 Olivia Stepnioski	CLHS-MI	3:09.02	7
41.62 47.65	50.44 49.31		
8 Juyoung Lee	WMHS-MI	3:21.90	5
43.01 48.71	1:50.18		
9 Mirel Zaya	SR STH-MI	3:27.18	4
48.25 54.37	54.51 50.05		

Event 3 Girls 200 Yard IM

Name	YrSchool	Finals Time	
<b>A - Final</b>			
1 Megan Melnyk	WMHS-MI	3:02.64	16
37.02 52.29	52.44 40.89		
2 Addison Tiensivu	CLHS-MI	3:19.93	13
46.02 56.62	51.47 45.82		

3 Aniya Harris	SLHS-MI	3:38.77	12
55.34 54.82	1:48.61		
4 Sophia Halatsis	FR COUS-D2	3:40.18	11
50.10 59.97	58.89 51.22		
5 Olivia Gossman	SR COUS-D2	3:55.72	10
51.92 58.30	1:07.15 58.35		

Event 4 Girls 50 Yard Freestyle

Name	YrSchool	Finals Time	
<b>A - Final</b>			
1 Sara Kozel	SR COUS-D2	28.79	16
2 Isabelle Gonzales	SR STH-MI	34.42	13
3 Sophia VanDyke	SLHS-MI	35.30	12
4 Sasha Cafagna	JR COUS-D2	37.24	11
5 Lucy Parsina	JR STH-MI	37.26	10
6 Sadie Cafagna	SO COUS-D2	37.56	9
<b>B - Final</b>			
7 Janiya Jones	SLHS-MI	37.61	7
8 Anya Dopke	SO STH-MI	38.95	5
9 Mariska Livingston	11 SCSLS	39.28	4
10 Morgen Salazar	CLHS-MI	39.55	3
11 Katrin Khamo	WMHS-MI	42.36	2
12 Irena Abboud	WMHS-MI	45.70	1

Event 5 Girls 1 mtr Diving

Name	YrSchool	Finals Score	
<b>A - Final</b>			
1 Sara Kozel	SR COUS-D2	348.85	16
2 Sadie Cafagna	SO COUS-D2	327.45	13

Event 6 Girls 100 Yard Butterfly

Name	YrSchool	Finals Time	
<b>A - Final</b>			
1 Olivia Gossman	SR COUS-D2	1:46.63	16
49.78 56.85			
2 Savannah Balint	JR COUS-D2	1:53.24	13
50.55 1:02.69			
3 Sophia Halatsis	FR COUS-D2	1:58.96	12
52.21 1:06.75			
4 Aniya Harris	SLHS-MI	1:59.86	11
55.79 1:04.07			

Event 7 Girls 100 Yard Freestyle

Name	YrSchool	Finals Time	
<b>A - Final</b>			
1 Megan Melnyk	WMHS-MI	1:05.79	16
31.28 34.51			
2 Allison Caramagno	JR COUS-D2	1:10.52	13
34.01 36.51			
3 Isabelle Gonzales	SR STH-MI	1:12.31	12
34.21 38.10			
4 Lucy Parsina	JR STH-MI	1:21.77	11
39.00 42.77			
5 Sasha Cafagna	JR COUS-D2	1:25.58	10
40.97 44.61			
6 Allison Roy	9 SCSLS	1:26.15	9
40.54 45.61			

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**B - Final ... (Event 7 Girls 100 Yard Freestyle)**

Name	YrSchool	Finals Time
<b>B - Final</b>		
7 Zaya McBride	CLHS-MI	1:32.47 7
8 Chloe Nguyen	WMHS-MI	1:33.82 5
40.39 53.43		
9 Kaitlyn Drysdale	JR STH-MI	1:45.49 4
49.61 55.88		
10 Briana Turner	WMHS-MI	1:46.64 3
49.71 56.93		
11 Katrin Khamo	WMHS-MI	1:48.60 2
46.33 1:02.27		
12 Elizabeth Schoof	9 SCCLS	1:52.57 1
54.56 58.01		

**Event 8 Girls 500 Yard Freestyle**

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 Liza Galley	SO STH-MI	7:54.40 16
38.90 44.69	47.73 49.63	
49.94 50.21	49.98 49.44	
48.99 44.89		
2 Sanaiah Williams	SR COUS-D2	8:12.05 13
39.58 49.61	50.17 51.31	
52.00 51.02	51.86 52.10	
51.64 42.76		
3 Andrie West	JR COUS-D2	8:18.95 12
1:31.02 51.58	51.42 50.97	
52.58 1:43.02	1:38.36	
4 Alyssa Brookins	WMHS-MI	8:40.13 11
	49.45	
5 Aggie Broadwell	WMHS-MI	8:56.52 10
44.27 50.53	55.06 54.90	
55.74 55.66	56.83 55.32	
56.41 51.80		
6 Mirel Zaya	SR STH-MI	9:12.22 9
50.03 54.95	56.57 56.18	
56.72 57.21	57.09 56.31	
56.60 50.56		

**Event 9 Girls 200 Yard Freestyle Relay**

Team	Relay	Finals Time
<b>A - Final</b>		
1 COUS-D2	A	2:25.22 32
1) Sasha Cafagna JR	2) Sadie Cafagna SO	
3) Andrie West JR	4) Sanaiah Williams SR	
38.37 37.64	36.98 32.23	
2 STH-MI	A	2:28.82 26
1) Anya Dopke SO	2) Lucy Parsina JR	
3) Liza Galley SO	4) Isabelle Gonzales SR	
41.40 37.36	36.85 33.21	
3 CLHS-MI	A	2:37.97 24
1) Olivia Stepnioski	2) Zaya McBride	
3) Afsharah Jaigirear	4) Addison Tiensivu	
20.57 1:03.84	41.25 32.31	

4 SCCLS	A	2:39.37 22
1) Brooke Lowry 10	2) Allison Roy 9	
3) Elizabeth Schoof 9	4) Mariska Livingston 11	
33.79 36.28	50.60 38.70	
5 WMHS-MI	A	2:50.73 20
1) Juyoung Lee	2) Chloe Nguyen	
3) Jenny Nguyen	4) Katrin Khamo	
44.61 46.68	39.78 39.66	
--- STH-MI	B	x3:12.43
1) Rose Corchado SO	2) Mirel Zaya SR	
3) Kaitlyn Drysdale JR	4) Christina Jiddou JR	
51.06 43.48	45.34 52.55	

**Event 10 Girls 100 Yard Backstroke**

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 Brooke Lowry	10 SCCLS	1:22.26 16
40.11 42.15		
2 Sophia Virga	SR COUS-D2	1:30.47 13
3 Anya Dopke	SO STH-MI	1:40.51 12
46.66 53.85		
4 Savannah Balint	JR COUS-D2	1:41.61 11
48.98 52.63		
5 Morgen Salazar	CLHS-MI	1:43.56 10
48.78 54.78		
6 Allison Roy	9 SCCLS	1:47.09 9
54.45 52.64		
<b>B - Final</b>		
7 Aggie Broadwell	WMHS-MI	1:42.69 7
50.05 52.64		
8 Ava Ciofu	CLHS-MI	1:44.33 5
48.04 56.29		
9 Janiya Jones	SLHS-MI	1:59.97 4
56.13 1:03.84		
10 Jaclyn Kupraszewicz	CLHS-MI	2:20.37 3
11 Afsharah Jaigirear	CLHS-MI	2:24.41 2
1:08.33 1:16.08		

**Event 11 Girls 100 Yard Breaststroke**

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 Addison Tiensivu	CLHS-MI	1:32.13 16
43.14 48.99		
2 Andrie West	JR COUS-D2	1:33.35 13
44.23 49.12		
3 Irena Abboud	WMHS-MI	1:37.74 12
45.89 51.85		
4 Allison Caramagno	JR COUS-D2	1:39.57 11
47.19 52.38		
5 Juyoung Lee	WMHS-MI	1:39.84 10
47.02 52.82		
6 Olivia Stepnioski	CLHS-MI	1:40.44 9
47.04 53.40		
<b>B - Final</b>		
7 Rebecca Ringl	SR STH-MI	1:50.21 7
8 Madesyn Drvodelic	SO COUS-D2	1:58.66 5
9 Mariska Livingston	11 SCCLS	2:05.93 4
10 Sophia VanDyke	SLHS-MI	2:09.63 3

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**B - Final ... (Event 11 Girls 100 Yard Breaststroke)**

Name	YrSchool	Finals Time	
11 Zaya McBride	CLHS-MI	2:31.94	2

**Event 12 Girls 400 Yard Freestyle Relay**

Team	Relay	Finals Time	
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**A - Final**

1 COUS-D2	A	5:13.95	32
1) Sanaiah Williams SR	2) Sophia Virga SR		
3) Allison Caramagno JR	4) Sara Kozel SR		
38.80	1:22.93	14.81	1:23.18
36.47	1:17.95	1:09.52	1:09.89
2 WMHS-MI	A	5:42.66	26
1) Alyssa Brookins	2) Juyoung Lee		
3) Aggie Broadwell	4) Megan Melnyk		
45.41	1:34.56	44.83	1:34.50
14.92	1:25.27	19.78	1:08.33
3 STH-MI	A	6:29.61	24
1) Kaitlyn Drysdale JR	2) Rebecca Ringl SR		
3) Mirel Zaya SR	4) Liza Galley SO		
47.81	1:43.05	52.80	1:59.06
35.87	1:26.26	39.31	1:21.24
--- WMHS-MI	B	x6:34.00	
1) Chloe Nguyen	2) Jenny Nguyen		
3) Irena Abboud	4) Katrin Khamo		
44.91	1:35.33	45.58	1:37.59
22.06	49.22	1:40.76	2:31.86

**Scores - Women****Women - Team Rankings - Through Event 12**

1. Cousino High School	357
2. Sterling Heights High School	189
3. Warren Mott High School	182
4. Center Line High School	123
5. Lake Shore High School	101
6. South Lake High School	49